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## KID-JITSU SELF DEFENSE PROGRAM

### STUDENT CREED

1. I WILL DEVELOP MYSELF IN A POSITIVE MANNER AND AVOID ANYTHING THAT WILL REDUCE MY MENTAL GROWTH AND PHYSICAL HEALTH.
2. I WILL DEVELOP SELF-DISCIPLINE AND RESPECT IN ORDER TO BRING OUT THE BEST IN MYSELF AND OTHERS.
3. I WILL USE WHAT I LEARN IN CLASS CONSTRUCTIVELY AND DEFENSIVELY, TO HELP MYSELF AND MY FELLOW MAN AND NEVER BE ABUSIVE OR OFFENSIVE.